ISSUE No. 332 AUGUST 2025

THE COLDRIDGE CALENDAR

EDITOR: John W Smith, Rockfield, Coldridge, EX17 6AX: Email: biggles1047@gmail.com SUPPORTED BY OUR ADVERTISERS & PRINTED BY COLDRIDGE PARISH COUNCIL

DIARY FOR AUGUST 2025:

FOR FURTHER INFORMATION ON PARISH EVENTS, PLEASE ALSO VISIT OUR PARISH WEBSITE AT:

www.middevonparish.co.uk/coldridge

AND OUR "WHAT'S ON IN COLDRIDGE,

DEVON (WOICD)" FACEBOOK PAGE AT:

www.facebook.com/groups/coldridge

VILLAGE HALL 'REGULARS':

TAI CHI: CLASSES RUN FROM 4.00pm, EVERY MONDAY

PILATES & CHAIR PILATES: EVERY TUESDAY, FROM 5.30PM

Friday, 1st

7.00 for 7.30pm: HALL **SOCIAL/FILM NIGHT: Film:** *Main Feature is a comedy drama involving a teacher and a penguin in 1970s Argentina!* (Cert 12A/2024)

Sunday, 3rd

11.30am: HIGHER CHILVERTON:

"St. MATTHEWS GOES OUTSIDE"

Monday, 4th

2.30pm: CHURCH: CHURCH CAFÉ

Wednesday, 6th

2.30pm: HALL SUNSHINE SINGING

FRIDAY, 8th

7:00pm: HALL THE COLDRIDGE ARMS

Sunday, 10th

10.30am: CHURCH: MORNING PRAYER

Tuesday, 12th

2.00pm: HALL: COLDRIDGE QUILTERS

Sunday, 17th

10.30am: CHURCH: HOLY COMMUNION

Thursday, 28th

10.30am –3.30pm: HALL: COLDRIDGE CAFÉ
11.00am and 2.00pm: CHURCH TOURS

(Booking Required, please email coldridgeparishchurch81@gmail.com)

7.00pm: HALL: CRIB CLUB

Sunday, 31st

10.00am: CHURCH: MISSION COMMUNION 4.00pm: CHURCH: 'SONGS FOR JOSH'

PLEASE NOTE:

Coldridge Gardening Club and our Women's Institute Group are taking a well-earned summer break during August. Normal service will resume in September with some exciting events planned. Watch this space!

Thank you all for your Notices, News and Events for this issue.

The copy deadline for our SEPTEMBER

issue is <u>SUNDAY</u>, <u>24th August</u>. Please may I have all your items, in WORD or JPEG format, no later than then.

We have recently welcomed several new subscribers to the online version of The Coldridge Calendar. I hope that you will find it useful and that you will feel able to support the wealth of activity in this really vibrant community!

Many thanks; John W Smith Email: biggles1047@gmail.com

NEWS FROM ST MATTHEW'S CHURCH: WORSHIP, SERVICES & EVENTS:

Our service pattern this month (Morning Prayer at 10.30am on Sunday, 10th and Holy Communion, led by Rev. Peter Rapsey, at 10.30am on Sunday, 17th) takes place as usual. On Sunday, 31st August, we welcome congregations from our neighbour parishes in the NW Creedy Mission Team to a **Team Eucharist at 10.00am**. This will be led by Rev. Jeremy Putnam. It would be great if the people of Coldridge could be on hand to make them all welcome

The collection from this service will be given to the 'Young Lives vs Cancer' charity (formerly known as CLIC Sargent), the charity that is supporting Josh and his family during his treatment in Bristol.

A special, Lammas Day event **"St Matthew's Goes Outside"** takes place on Sunday 3rd by the Lake at Higher Chilverton. Starts at 11.30am.

We are delighted to announce that we are holding a 'SONGS FOR JOSH' event in church on the afternoon of 31st August. This follows the format of our popular 'Hymns & Pimms' services. It provides a further opportunity to support Keeley, Joe and Josh and their wider family, through prayer, song and community 'togetherness'. Please come along and support them all.

CHURCH CAFÉ:

The Cafe, this month, is on **Monday**, **4**th **August starting at 2.30pm**. Everyone is very welcome to join us in the Church for Tea/Coffee, Cakes and Biscuits and, as usual, some very cheerful conversation.

John Smith & Andrew Green (Churchwardens)

IMPORTANT WEDDING ANNIVERSARY!

Jim & Sylvia SAMPSON

7th August 2025: Congratulations on your Diamond Wedding Anniversary!



With love and best wishes from us all.

COLDRIDGE CAR POOL

Affordable Transport to local medical appointments:

<u>Our Tariff (for return trips) is as</u> follows:

Bow: £4.00 North Tawton: £4.00 £3.50 Winkleigh: Chulmleigh: £6.00 Crediton: £7.00 Okehampton: £10.00 £15.00 Exeter: Barnstaple: £17.00

To book a trip or to join the team (we urgently need to recruit new volunteer drivers) please contact:

John Smith on 01363 83436 or email: biggles1047@gmail.com

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samjcarne@outlook.com
Tel: 01837 680199
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Funeral Plans Available

GARDENING CLUB:

July's meeting was a very interesting and inspiring talk given by Caradoc Doy, professional horticulturist and researcher based in Topsham. The subject was making

the most of shady areas in the garden without resorting to paving it over or astroturf. Judging by the almost full turnout of members, it's a common problem but the talk was packed with ideas for stunning shade-loving plants that would make the darkest corner come alive.

Summer holidays are upon us and Gardening Club is taking a break for the summer and reconvenes in September when the club comes together once again to celebrate the Coldridge Harvest Festival Weekend on 13th and 14th September. This will be a collaborative celebration in partnership with Coldridge WI and St. Matthew's Church PCC.

Save the date; this celebration is open to all



welcome the season of mellow fruitfulness to our village. Look out for details on the socials and in The Coldridge Calendar, coming soon!

If you are not (yet!) a member of the Coldridge Gardening Club, and would like to see what it's all about, please drop us a line on coldridgegardeningclub@ecomail.uk for more details. **Tracy Forward**

WOMEN'S INSTITUTE:

Coldridge WI were "The Ladies Who Lunched" for July's meeting, and we lunched in style! The River Exe Café, a custom-built restaurant barge floating offshore in the Exe estuary, didn't disappoint. A very popular outing, 17 members enjoyed the perfect weather, stunning views and top-notch food, not to mention the fantastic company. It was, to say the least, an afternoon of superlatives and we're not sure how to top the experience for next year.

Find out more about the The River Exe Café here for a special meal out -

https://www.riverexecafe.com/

WI is taking a break for August and will recommence on Wednesday, September at 7.30pm in the Village Hall with a talk from Devon Air Ambulance. More details on that nearer the time.

In the meantime, in partnership with Coldridge Gardening Club and St Matthew's Church PCC, we invite everyone to come and celebrate with us at the Coldridge

Harvest Festival Weekend on 13th and **14th September**. Join us with friends and neighbours to celebrate the harvest, cooler weather and possibly have a slice of cake or

New members are always welcome or come as a guest (£3). Meetings are held (with the odd exception - sometimes we're on a boat!) on the second Wednesday of the month at 7.30pm in the Village Hall. Subjects range from charities and local interest groups, cookery demonstrations and craft workshops to the arts and wellbeing. Look out for more information on the village socials and in The Coldridge Calendar Hope to see you soon.

Lyn Green (WI Secretary)

KNIT & NATTER:

We have recently been asked to knit for "Compassionate Boxes", a local charity which you can find on their website, They are in desperate need of small, brightly coloured knitted hearts. If anyone has any oddments of DK wool that you can spare, please contact anyone in the Knit & Natter Group.

Thanks in advance. **Helen Smith (Rockfield)**

JOSHUA ('LITTLE JOSH') RIDGE: UPDATE:



On behalf of Joshua's family, I'd like to thank you all for your wonderful support. Thanks to your generosity and hard work, we raised £3,100 at the Open Garden and £1,660 at the Big Breakfast.

Here is an update from Keeley Ridge

"Last week we completed round 5 out of 8 of Joshua's induction chemotherapy. This Josh, "The Bug Hunter" was a mild round, enough to keep things at bay, but also give his body a chance to recuperate a bit before the next three

harder ones. As such his blood counts improved enough that we were able to leave Bristol for the first time in a month and a half. We managed 6 days at home! Joshua enjoyed getting re-acquainted with his pets and toys and doing all the things that toddlers love to do like art, baking, football, lawn mowing, watering the plants and riding his bike. The only thing he wasn't allowed was a swim or paddling pool as we had to keep his lines protected. He has eaten well this week and we are hoping for a weight gain when we get back to the hospital on Thursday.

We had the results from his mid -point staging last week, which indicate the primary tumour has shrunk by about 50%. This is good news, and we hope for further regression before he has his surgery at the beginning of September. Due to a nationwide shortage of radioactive marker, we were unable to have a midpoint bone scan, but the consultant says the metastatic bone disease often mirrors the primary tumour. The aim is to reach bone metastatic remission before we can move on to the stem cell harvest and surgery. Overall, he is being very brave and has been well in himself this past week."

On a personal note, I'm very happy that I spent some lovely time with him while he was home and that the Joshy-shaped hole in my heart was temporarily filled. Kate



Continued....



"Picnic Time for Josh"

COLDRIDGE EVENTS FOR AUGUST:



THIS MONTH'S MAIN FEATURE...

When a disillusioned Englishman goes to work in a school in a divided Argentina in 1976 he finds his life transformed when he rescues an orphaned penguin from the beach.

"Th_ P_ng__n L_ss_ns" (3,7,7)

Starring: Steve Coogan Jonathan Pryce Bruno Blas Cert. 12A Comedy/Drama Release 2024

LICENCED BAR, SNACKS AND ICE CREAMS AVAILABLE



Coldridge Café

Thursday 28th August

10 am - 3.30pm Coldridge Village Hall

You are invited to join us for tea, coffee, hot chocolate & home-made cake...

...a selection of lunchtime dishes served between 12 and 2pm

August's Lunch Menu to be advised nearer the date

Hope to see you there!

Takeaway Gervice Available
Village Hall

Feeling stressed, anxious or stuck?

Lacking confidence and self-esteem?

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I am your local clinical hypnotherapist based in Brushford and use a solution-focused approach, which means that we can focus on where you want to be without the need to dwell on the past. Appointments are available online or face to face.

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www.inspiredtochange.biz

Village Hall THE COLDRIDGE CRIB CLUB NEXT MEET

Thursday 28th August, 7pm
All are welcome

Can't play want to play. If you would like to learn, come along, beginners are welcome, instruction is on hand.

Attendees to pay £1 to cover the hall hire costs. The bar will be open.

For further details contact Andy. andrewfitch@coldridgevillagehall.org.uk 07990565973

ST MATTHEW'S GOES OUTSIDE!

An unusual and very happy 'Extra' from the church on Sunday, 3rd August.

11.30am down by the lake at Higher Chilverton (by kind invitation of Lyn and Andrew), we will be hosting a Lammas Day Celebration and Church Picnic. Bring your own picnic stuff and something to drink.

Fingers crossed for a lovely sunny day!

PHYSIOTHERAPY IN COLDRIDGE: AVAILABLE NOW!

If you've been on the Waiting list for physiotherapy for too long, for painful Aches and Pains, please wait no longer!

Why not go Private and Local?

I am a Physiotherapist with 35 years' experience, working from my local private studio.

Musculoskeletal Treatments Rehabilitation after Orthopaedic Surgery Lymphatic Drainage Bowen Therapy Reiki

HOME VISTS UNDERTAKEN

Call or Text Freddie on **07591 171536** or

Email:

freddy.vonrabenau@gmail.com

Alfresco Celebration

St Matthew's Goes Outside Sunday 3rd August

Please join us at Higher Chilverton Farm for a celebration of Lammas Sunday at 11:30, when we express our gratitude for the fruits of the first harvest.

This will be followed by the main event from 12 onwards, a picnic in the beautiful surroundings of the lake at Higher Chilverton by kind invitation of Lyn and Andrew Green!

Activities will include a nature treasure hunt for children and a woodland walk.

Activities will include a nature treasure hunt for children and a woodland walk.

Please bring your own blankets, chairs and picnics.

or More details or you need help with transport please contact Kate
07765 863484 kate.fitch15@btinternet.com